

## HEALTH SERVICES

**Telehealth Ontario** 1-866-797-0000

Telehealth is a free, confidential telephone service where residents can call to get health advice or general health information.

### Perth District Health Unit

The Health Unit's goal is to promote health, protect health, prevent disease and provide community health services for the people of the Perth County.

Stratford 519-271-7600  
Listowel area 1-877-271-7348  
[www.pdhu.on.ca](http://www.pdhu.on.ca)

### Alcoholics Anonymous

A program of support and recovery from alcohol.  
Stratford 519-271-7755

### Choice for Change

Support for alcohol, drug and gambling issues  
Stratford 519-271-6730

### Canadian Mental Health Association

Perth County Branch 519-273-1391

## ANIMAL CARE

### Ontario Farm Animal Council (OFAC)

Assists farmers in providing adequate or improved care for their animals and/or in following practices that meet industry standards. The Helpline is a farmer helping farmer service of advice and referral. Calls received by the service are given to the appropriate commodity group(s) for follow-up.

#### Animal Care Helpline:

519-837-1326  
[www.ofac.org](http://www.ofac.org)

### Ontario Society for the Prevention of Cruelty to Animals (OSPCA)

Hotline: 1-888-668-7722  
Stratford 519-273-6600

**For additional information,  
factsheets and resources, contact:**

**Agricultural Information Contact Centre:**  
1-877-424-1300

**E-mail:** [ag.info.omafra@ontario.ca](mailto:ag.info.omafra@ontario.ca)

**Northern Ontario Regional Office:**  
1-800-461-6132

[www.ontario.ca/omafra](http://www.ontario.ca/omafra)



## FINANCIAL RESOURCES AND SUPPORT SERVICES FOR FAMILIES In...

*Perth County.*



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## EMPLOYMENT SERVICES

Service Canada 1-800-206-7218

### Quill Learning Network

All programs are free, confidential and provide a learner-centred curriculum based on individual needs and goals. Programs are available geared to adults re-entering the workforce or wanting to improve skills related to a current job.

1-800-530-6852

### Partners in Employment

Partners in Employment is a not for profit organization that assists people in Huron and Perth Counties to find and keep employment.

Stratford 519-272-1946  
St. Marys 519-284-0112  
Listowel 519-291-2726  
Toll-free 1-888-729-9675

[www.partnersinemployment.on.ca](http://www.partnersinemployment.on.ca)

## FINANCIAL RESOURCES

### Growing Forward

Growing Forward, a federal-provincial-territorial initiative, supports the development and implementation of best practices in four key areas: Environment and Climate Change; Food Safety and Traceability; Business Development; and Biosecurity. Participants are encouraged to develop strategies across all areas to meet their business goals through a variety of information sessions and workshops as well as one-on-one training and technical assistance.

Business Development for Farm Businesses  
Growing Forward Business Development for Farm Businesses incorporates self-assessment and action plan development with a range of cost-share advisory services and skills development opportunities to help reach your farm business goals.

Business Development for Farm Businesses offers:

#### Growing Your Farm Profits Workshops

- Learn how to do a self-assessment on your farm business. There is no cost to attend this workshop.

#### Action Plan Review and Sign-off

- Having your action plan reviewed and signed off is the next step towards accessing cost-share opportunities.

#### Farm Financial Assessment

- Cost-share funding is available to access a professional Farm Financial Advisor. The program covers up to \$2400 of eligible costs to hire an Advisor. The participant pays \$100.
- If you are experiencing severe financial difficulties, you may be able to access the Farm Financial Assessment without completing the Growing Your Farm Profits Workshop.

#### Agriculture Skills Development

- Identifying a specific need for farm-related training and skills development in your action plan enables you to access cost-share funding up to 50 per cent to a maximum of \$3000.

## FINANCIAL RESOURCES cont'd

### Advanced Business Planning

- Eligible farm businesses will receive cost-share funding to work with an Advanced Planning Consultant for up to 50 per cent to a maximum of \$8000.

### Business Plan Implementation

- To help you implement elements of your Advanced Business Plan, eligible farm businesses can receive cost-share funding for up to 50 per cent to a maximum of \$3000 for one-time non-capital costs.

### For more information:

To learn more about other Growing Forward Programs like environment and climate change, food safety and traceability, and biosecurity, please contact the Ontario Ministry of Agriculture Food and Rural Affairs by:

Phone: 1-888-479-3931

Website: [www.ontario.ca/growingforward](http://www.ontario.ca/growingforward)

Email: [growingforward@ontario.ca](mailto:growingforward@ontario.ca)

*Growing Forward, a federal-provincial-territorial initiative*

### Farm Credit Canada

Provides business and financial solutions for farm families and agri-business — [www.fcc-sca.ca](http://www.fcc-sca.ca)

**Head office/Regina** 1-888-332-3301  
Stratford 519-271-0460  
Listowel 519-291-3450  
Toll-free 1-800-387-3232

### Farm Debt Mediation

The Farm Debt Mediation Service provides farmers and their creditors with mediation services pursuant to the Federal Farm Debt Mediation Act (FDMA) to help them arrive at a mutually satisfactory arrangement. The service is private and confidential.

1-866-452-5556  
[www.agr.gc.ca/progser/fdms\\_e.phtml](http://www.agr.gc.ca/progser/fdms_e.phtml)

## EMOTIONAL SUPPORT AND REFERRAL

### The Farm Line

The Farm Line is a confidential emotional support, information and counseling telephone service that is available across Ontario for farmers and their families. Trained peer counselors talk to the caller, identify resources in the caller's area and help the caller determine the steps to follow to address the caller's needs.

1-888-451-2903

[www.thefarmline.ca/](http://www.thefarmline.ca/)

Email: [thefarmline@thefarmline.ca](mailto:thefarmline@thefarmline.ca)

### Crisis Intervention Centre

This is a 24 hour, 365 day a year, confidential counseling and referral services for residents of Perth and Huron Counties.

Stratford 519-274-8000  
Toll-free 1-888-829-7484  
Seaforth 519-527-0115

### Optimism Place

Provides support and assistance to women seeking help due to physical, emotional and financial stress/abuse.

Stratford 519-271-5550  
1-800-265-8598

## FAMILY SUPPORT SERVICES

### Family Services Perth-Huron

Stratford 519-273-1020  
Listowel 519-291-5401  
Toll-free 1-800-268-0903

### Kids Help Phone 1-800-668-6868

Professional counseling for clients up to the age of 21, available 24 hours a day.

### Childrens Aid Society

Stratford 519-271-5290  
Toll-free 1-800-668-5094

### Salvation Army Family Services

Offering emergency assistance to those in need.

Stratford 519-271-2763  
St. Marys 519-284-2760  
Listowel 519-291-2900

## FAMILY SUPPORT SERVICES cont'd

### Stratford Children's Services

Provides help for children and youth under age 16 who have emotional and/or behavioural problems. Support for pre-schoolers at risk or developing emotional or behavioural problems. Sessions available at no cost to families to speak with professional family counselors.

Stratford 519-273-3623

### Huron Perth Centre for Children and Youth

Stratford 519-273-3373  
Listowel 519-291-1088

### Ontario Early Years Centre

For parents, caregivers and children to age 6. Families are invited to get questions answered, as well as participate with their children in early learning activities. All programs and services are free of charge.

Stratford 519-273-9082

**Emily Murphy Centre**, second stage housing for women and children.

Stratford: 519-273-7350

### Safespace

Stratford: 519-273-6537

**House of Blessing**, providing physical, financial, emotional and spiritual support through their food bank, clothing cupboard and related community agencies.

Stratford: 519-273-3433

### Queen's Bush Rural Ministries

Offers 24 hour counseling and referral services to rural families

Durham 519-369-6774

### United Way of Perth County

Stratford: 519-271-7730

### Victim Services of Perth County

Stratford: 519-271-9998

**Stratford Meals on Wheels & Neighbourly Services**

519-271-2217