

## HEALTH SERVICES

Telehealth Ontario 1-866-797-0000

Public Health Units  
Oxford Dept of Health 519-539-9800

Centre for Addiction and Mental Health  
1-800-463-6273  
1-800-661-1111

Local Canadian Mental Health Association  
Woodstock Branch 519-539-8055  
1-800-859-7248  
24 hour Crisis 1-866-995-9933

Poison Information Centre 1-800-268-9017

Drugs & Alcohol Treatment Information Line  
(DART) 1-800-565-8603

Workplace Safety Insurance Board (WSIB)  
Information and assistance, compensation,  
services & pensions for employees disabled  
through employment, vocational rehabilitation.  
Toronto: 1-800-387-0080  
London: 1800-265-4752

Farm Safety Association 1-800-361-8855

## ANIMAL CARE

Ontario Farm Animal Council (OFAC)

Assists farmers in providing adequate or improved care for their animals and/or in following practices that meet industry standards. The Helpline is a farmer helping farmer service of advice and referral. Calls received by the service are given to the appropriate commodity group(s) for follow-up.  
Animal Care Helpline:

519-837-1326

[www.ofac.org](http://www.ofac.org)

Ontario Society for the Prevention of Cruelty to  
Animals (OSPCA)  
Hotline: 1-888-668-7722 ext. 313

For additional information,  
factsheets and resources, contact:

Agricultural Information Contact Centre:  
1-877-424-1300

E-mail: [ag.info.omafra@ontario.ca](mailto:ag.info.omafra@ontario.ca)

Northern Ontario Regional Office:  
1-800-461-6132

[www.ontario.ca/omafra](http://www.ontario.ca/omafra)



## FINANCIAL RESOURCES AND SUPPORT SERVICES FOR FAMILIES In...

*Oxford County.*



Prepared by:  
Ontario Ministry of Agriculture,  
Food and Rural Affairs  
Client Services Branch  
Woodstock Resource Centre  
401 Lakeview Drive  
Woodstock, Ontario  
N4S 4R2  
Phone: 519-537-6623  
Fax: 519-539-5351

## EMPLOYMENT SERVICES

Service Canada (HRDC) 1-800-206-7218  
Local Service Canada 1-800-622-6232  
Woodstock HRDC office 519-421-7225  
Woodstock Employment 519-539-8161

Workplace Safety and Insurance Board  
(WSIB) London 1-800-265-4752

Ontario Works  
Oxford County 1-800-265-1015  
Oxford County: 519-539-9800

## FINANCIAL RESOURCES

### Growing Forward

Growing Forward, a federal-provincial-territorial initiative, supports the development and implementation of best practices in four key areas: Environment and Climate Change; Food Safety and Traceability; Business Development; and Biosecurity. Participants are encouraged to develop strategies across all areas to meet their business goals through a variety of information sessions and workshops as well as one-on-one training and technical assistance.

**Business Development for Farm Businesses**  
Growing Forward Business Development for Farm Businesses incorporates self-assessment and action plan development with a range of cost-share advisory services and skills development opportunities to help reach your farm business goals.

**Business Development for Farm Businesses** offers:

#### Growing Your Farm Profits Workshops

- Learn how to do a self-assessment on your farm business. There is no cost to attend this workshop.

#### Action Plan Review and Sign-off

- Having your action plan reviewed and signed off is the next step towards accessing cost-share opportunities.

#### Farm Financial Assessment

- Cost-share funding is available to access a professional Farm Financial Advisor. The program covers up to \$2400 of eligible costs to hire an Advisor. The participant pays \$100.
- If you are experiencing severe financial difficulties, you may be able to access the Farm Financial Assessment without completing the Growing Your Farm Profits Workshop.

#### Agriculture Skills Development

- Identifying a specific need for farm-related training and skills development in your action plan enables you to access cost-share funding up to 50 per cent to a maximum of \$3000.

## FINANCIAL RESOURCES cont'd

### Advanced Business Planning

- Eligible farm businesses will receive cost-share funding to work with an Advanced Planning Consultant for up to 50 per cent to a maximum of \$8000.

### Business Plan Implementation

- To help you implement elements of your Advanced Business Plan, eligible farm businesses can receive cost-share funding for up to 50 per cent to a maximum of \$3000 for one-time non-capital costs.

### For more information:

To learn more about other Growing Forward Programs like environment and climate change, food safety and traceability, and biosecurity, please contact the Ontario Ministry of Agriculture Food and Rural Affairs by:

Phone: 1-888-479-3931

Website: [www.ontario.ca/growingforward](http://www.ontario.ca/growingforward)

Email: [growingforward@ontario.ca](mailto:growingforward@ontario.ca)

***Growing Forward, a federal-provincial-territorial initiative***

### Farm Credit Canada

Provides business and financial solutions for farm families and agri-business  
[www.fcc-sca.ca](http://www.fcc-sca.ca)  
**Head office/Regina** 1-888-332-3301  
Woodstock 519-539-9839

### Farm Debt Mediation

The Farm Debt Mediation Service provides farmers and their creditors with mediation services pursuant to the Federal Farm Debt Mediation Act (FDMA) to help them arrive at a mutually satisfactory arrangement. The service is private and confidential.  
**1-866-452-5556**  
[www.agr.gc.ca/fdms](http://www.agr.gc.ca/fdms)

## EMOTIONAL SUPPORT AND REFERRAL

### The Farm Line

The Farm Line is a confidential emotional support, information and counseling telephone service that is available across Ontario for farmers and their families. Trained peer counselors talk to the caller, identify resources in the caller's area and help the caller determine the steps to follow to address the caller's needs.

**1-888-451-2903**

[www.thefarmline.ca](http://www.thefarmline.ca)

Email: [thefarmline@thefarmline.ca](mailto:thefarmline@thefarmline.ca)

### Local Distress Centers

Family Violence Counseling 519-539-1276  
Women's Emergency Centre 519-539-4811  
Salvation Army Emergency Housing  
And Advocacy 519-539-7235

## FAMILY SUPPORT SERVICES

### Alcoholics Anonymous

Woodstock 519-438-1122  
Al-Anon Mtg. Information Line 1-800-425-2666

### Addiction Help Line

**1-800-272-1937**

### Gambling Help Line

**1-888-230-3505**

### Children's Aid Society

Woodstock 519-539-6176  
1-800-250-7010

Oxford Child & Youth Centre 519-539-0463

Kids Help Line (up to 21 yrs.) 1-800-668-6868

Parent Help Line 1-888-603-9100

Oxford Crisis Line 519-539-8342 or

1-800-339-3242

## FAMILY SUPPORT SERVICES cont'd

### Local Food Banks

Woodstock 519-539-6166  
The Meeting Place 519-539-3361  
[www.thefoodbank.ca](http://www.thefoodbank.ca)

### Queen's Bush Rural Ministries

**(24 hours a day) (call collect)** 519-369-6774

A group of rural churches offers counseling and referral service to help rural people survive crisis with dignity.

### Salvation Army - Community & Family Services

Woodstock 519-539-6166

### Local Community Living

YWCA of Canada 1-800-461-7656